



## CROSSROADS NEWLYWEDS

### Love & Respect – Session #1; What is the Crazy Cycle?

02/11/2024

1. Have you ever had a conflict with your spouse when suddenly the issue didn't seem to be the issue anymore? How did it escalate from something such as, say, working at the office late, to the serious marital conflict that it became?
2. In conflicts that you have had with your spouse in which it became clear that the issue was no longer the issue any longer, what were some of the root issues that revealed themselves in those times? Were the root issues addressed, or was a Band-Aid placed over the root issue by merely dealing with the issue that wasn't really the issue? What would you do differently if you found yourself in the same situation?
3. How can you relate to Jason and Sara's story? What reminded you of conflicts in your household and how you and your spouse typically handle them?
4. Why do you believe Ephesians 5:33 does not command the wife to love her husband and the husband to respect his wife? Do these omissions mean it is less important or secondary for the wife to love her husband and the husband to respect his wife? Explain your answer
5. Do you fall into agreement with the results of Emerson's survey? Meaning, if you are a husband, would you agree that your number one felt need during conflict with your wife is her respect; and as a wife, would you say that your top desire from your husband during a conflict is to be assured of his love for you? Have you ever shared that with him or her? Were you able to do that since? What were your thoughts on that? If you haven't, set aside time to do so in the next few days, if possible.
6. What was your personal "take away" from this week's session? How or what are you going to change, think, work on, etc.?