



CROSSROADS NEWLYWEDS

Love & Respect – Session #4; Breaking the Crazy Cycle

04/21/2024 – 1 Corinthians 7:28

1 Corinthians 7:28 - "If you marry, you have not sinned, but you will have trouble."

1. How do you make sense of 1 Corinthians 7:4, "The wife does not have authority over her own body, but the husband does; and likewise also, the husband does not have authority over his own body, but the wife does."? How does it relate to verse 28 that says, "if you marry, you have not sinned, but you will have trouble."?
2. Does it comfort you or worry you to hear that sometimes when we're in the crazy cycle with our spouse, we're right in the center of God's will? What does that mean to you?
3. In the testimonial, Julie revealed that the turning point for her came when she learned that her relationship with her husband was a direct picture of her relationship with God. And of course, the same can be said for a husband's relationship with his wife. What does this mean? How are the two relationships connected?
4. How does it help to always keep in mind, when in conflict, that your spouse is a person of goodwill and that he or she is concerned with pleasing you? Is this biblical?
5. How can our attitude and emotions toward our spouse flip-flop when we are able to decode that his or her unloving or disrespectful actions were in response to something unloving or disrespectful we unintentionally communicated to them first?
6. As this series comes to an end, how has this been helpful? James 1:22 tells us to be a doer of the Word, and not just a hearer. What is your personal takeaway that you are going to do, change, or implement in your own marriage as a result of going through this series?